

Month 10 Newsletter

4 files • Mayra Estrada • 17 hours ago • Monday, Mar 24 at 3:00 PM • DU - Watts, 8th Grade, 9th Grade, 10th Grade, 11th Grade, 12th Grade, Adams, Barraza, Cummings, Galvez Reyes, Huynh, Jones, Munoz-Paz, Tovar

Hello OFY-LA Jaguars Families!

With the arrival of Spring and the flowers beginning to bloom, we are excited to announce that our Spring events are just around the corner! We can't wait to celebrate this vibrant season with all of our graduating seniors. Stay tuned for more details on upcoming activities and events that will bring joy and fun to everyone!

At the same time, we want to remind everyone that state testing is here. The first test will be the Physical Education Test for all 9th graders. We encourage all students to stay focused and prepared as we head into this important time. Your support in helping your child feel ready for the test will make a big difference!

Month 10 Calendar

Our Month 10 calendar is attached for your reference. Please take time to review this newsletter at your earliest convenience.



Month 9 Progress Report

Month 9 progress report cards are available via StudentTrac. As always, feel free to reach out to your child's teacher with any questions or concerns.

Attendance Matters

Students are required to attend all school appointments. If a student is going to be absent, they must notify the teacher to schedule make-up arrangements.

State Testing**PFT**

All **9th Graders** are scheduled to take the **Physical Fitness Test** on **Friday, April 10th**. Please make sure you check in with your teacher with any questions you may have. We encourage students to be prepared and give their best effort during this test!

ATTENTION!!

STATE REQUIREMENT !

**PHYSICAL FITNESS TEST
(PFT)**

All 7th and 9th Grade
Students

WHEN: APRIL 4 (FRIDAY)

TIME: 10-12

- BE ON TIME
- WEAR EXERCISE CLOTHING
- BRING WATER



Community Service Month

April is **National Volunteer Month**, and we want to dedicate this month to honoring all of the incredible volunteers in our communities. We also encourage everyone to consider giving their time and skills to help others this month of April. Volunteering can have a meaningful impact on both the community and yourself. Whether you're looking to help out locally or beyond, there are countless ways to get involved.



Here are two great websites to help you find volunteer opportunities near you:

[L.A. Works](#)

[Volunteer Opportunities in Compton](#)

Monthly Recipe

This month, I'm excited to share with you a delicious and versatile recipe: Pan-Seared Citrus Shrimp! I hope you enjoy making this recipe with your family. It's quick, fresh, and sure to be a hit.

This dish can be served in a variety of ways:

- Pair it with white or brown rice for a simple and satisfying meal.
- For pasta lovers, try it with linguine or angel hair pasta, and serve it hot with a sprinkling of Parmesan cheese for extra flavor.
- My son's favorite way to enjoy this shrimp is as a taco filling - it's fun and tasty twist!
- Or, for a lighter option, check out the Citrus Shrimp Avocado Salad, which will be next month's featured recipe. Stay tuned!



Pan-Seared Citrus Shrimp Recipe

Ingredients:

- 1 tablespoon olive oil
- 1 cup fresh orange juice (about 2 oranges)
- 1/2 cup fresh lemon juice, (about 3 lemons)
- 5 garlic cloves, minced or pressed
- 1 tablespoon finely chopped red onion
- 1 tablespoon chopped fresh parsley
- Pinch red pepper flakes
- Freshly ground black pepper and kosher salt
- 3 pounds medium shrimp
- 1 medium orange, cut into slices
- 1 medium lemon, cut into wedges

Instructions:

1. In a medium bowl, whisk together the olive oil, orange juice, lemon juice, garlic, onion, 2 teaspoons of the parsley, and pinch of red pepper flakes. Pour the mixture into a large skillet set over medium heat. Bring to a simmer and cook until reduced by half, about 5 to 8 minutes.
2. Add the shrimp, season with kosher salt and freshly ground black pepper, cover, and cook until they turn pink, about 5 minutes
3. Top with the remaining parsley and serve with orange and lemon slices on the side.



Citrus shrimp pasta so simple and delicious #pasta #foodie #recipes...



School Meals

Healthy school meals are available every day at no cost to our students. Meals are limited, students talk to

your teacher if interested.



SCHOOL MEALS

Available



Healthy Lunches



Available Every Day



No Cost to Students!

For more information call or visit your child's school.



Bellflower: (562) 867-0815
Compton : (310) 885-1477
Watts : (310) 329-3626



IMPORTANT INFORMATION

Grad Pace Meetings

Grad Pace Meetings are mandatory for students not on track for graduation. Schedule an appointment the week of **March 24th-March 28th** to discuss your academic progress with your counselor and teacher.



OPTIONS FOR YOUTH-WATTS

GRAD PACE MEETINGS



**DISCUSS YOUR ACADEMIC
PROGRESS WITH YOUR
COUNSELOR AND TEACHER.**

**SCHEDULE AN
APPOINTMENT TODAY**



MARCH 24-MARCH 28

CENTER PHONE NUMBER: 310-329-3626

***GRAD PACE MEETINGS ARE MANDATORY FOR
STUDENTS NOT ON TRACK FOR GRADUATION***



Attention Gamers!

E-Sports

If gaming is your passion, don't miss out on joining **E-Sports!** 🏆

First Practice Session:

📅 **Tuesday, March 25th**

🕒 **3:00 PM - 5:00 PM**

We're kicking things off with **Fortnite**, so get ready to squad up and show your skills! ✨

OFY LA JAGUARS ESPORTS
PRESENTS

FORTNITE

ZONE WARS : 2V2 DUOS



SEASON STARTS MARCH 24, 2025

USE QR CODE TO REGISTER



🌟 2025 College & Career Fair 🌟

Career Quest: Choose Your Adventure! 🎮🚀

Are you ready to hit the START button to an exciting world of Colleges, Careers, and Opportunities for Your Future?

Join us at the **2025 College & Career Fair!**

- ◆ **Date:** Friday, April 11th, 2025
- ◆ **Time:** 1:00pm - 3:30pm
- ◆ **Location:** Magic Johnson Park
- 📍 905 E El Segundo Blvd., Los Angeles, CA 90059

Come discover colleges, careers, and the endless possibilities that await you in the world! It's your chance to meet industry professionals, learn about academic paths, and level up your future! If you're interested in attending this event please speak to Felicia and Cintia. ✨

Don't miss out on this adventure—your future starts here! 🎮🌟

OFY LA
2025
COLLEGE &
CAREER
FAIR



April 11, 2025

1:00 - 3:30 PM

Magic Johnson Park
905 E El Segundo Blvd, Los Angeles, CA 90059

Career Quest: Choose Your Adventure!

Explore Colleges, Careers, and Opportunities for Your Future

VENDORS RSVP HERE



OFY Duarte provides instruction to all students exclusively in partnership with the federal Workforce Innovation and Opportunity Act.

Reminders

ParentSquare Is Our Main Communication Portal

If you haven't done so already please register with ParentSquare and download the app. All of our family communication will be via this avenue throughout the year. ParentSquare provides a simple and safe way for everyone at school to connect.



Download the ParentSquare mobile app

Send and receive school communications on the go



Sign In

Email or Phone Number

Password

[Forgot password?](#)

Sign In

OR

Sign In with Google

Sign In with Microsoft

Register

Email or Phone Number

Get Started

You must use the email/phone you provided to your school

Metro GoPass Is Still Here

The GoPass Program is available to students at participating K-12 schools with a focus on helping students ride transit without the worry of paying fare. With a registered GoPass Tap card, students attending participating schools can ride Metro and other participating systems to and from school. Students will need to register their cards to activate them before using them.



Important Upcoming Dates:

- 3/28 Gad Pace Meetings
- 4/4 PFT Testing (9th Grade)
- 4/11 College and Career Fair - Family Engagement Night
- 4/18 Senior Out Day - **Graduates Only Event**
- 4/30 - 5/10 Pathways Italy Trip

- 5/9 Prom
- 5/16 Final Fiesta - Senior Breakfast
- 5/28 Grad Bash - Universal Studios

Thank you for taking the time to read our Monthly Newsletter! Please "**appreciate**" this post so I know you are informed.